

Black Dog Ride

1 Dayer

raising
awareness
of depression
and suicide
prevention

Sunday 20th March 2016



Black Dog Ride's iconic annual 1 Dayer is a nationwide project to raise awareness of depression and suicide prevention.

Help us start a national conversation about suicide prevention - get on your motorbike and join your local Black Dog Ride at:

GOLD COAST QLD

- 7:30am Check in and breakfast at Shark Leathers, 142 Siganto Drive, Helensvale
- 9:30am Ride Departs (via Maudsland, over Beechmont and thru Canungra)
- 11:00am Ride Finale then lunch at The Bearded Dragon, Mt Tamborine, to enjoy a Gourmet BBQ Burger for \$10

PLEASE REGISTER AT
blackdogride.com.au

For more info contact
Kylie Sage
email goldcoast@blackdogride.com.au

